



# HOMELESS VOICE



Newsletter Date  
March 2012

## The Homeless Voice Group

### WHAT'S ON AT CATH

<b>Mon</b> Knitting, sewing and crochet amongst other things	<b>10am</b> — <b>12pm</b>
<b>Women's group Tues</b> Activities include Glass painting, watching films and other	<b>2-4pm</b>
<b>Experimental art group Weds</b> Experiment in all types of art work, create or design your own art work at your leisure.	<b>2-4pm</b>
<b>Blins the thing Thurs</b> 10 week course in make jewellery & other things.	<b>10-12pm</b>
<b>Men's Group Thurs</b> Various activities like hill walking, using the gym and other excellent events or just pop in for a coffee.	<b>2-4pm</b>
<b>Using your loaf cooking group Fri</b> To promote healthy eating within your own financial needs & learn new skills in cooking & baking	<b>2-4pm</b>

**THE CATH DAY CENTRE** is a drop in centre where people who are homeless can go up and get a very good Breakfast and if they want lunch at a very reasonable price.

**INSPIRAL** is a support group running from Greyfriars house. The group is to support users in recovery.

**BOXING CLUB** meeting the service users interested in improving their fitness & joining the group

The Homeless Voice Group is made up of residents and providers of temporary accommodation, and homeless support services in Perth and Kinross.

Sparked by an email from The Salvation Army's Skinnergate Lifehouse recommending the benefits of involving homeless people in implementing Perth & Kinross Council's Homelessness Strategy, the group began life at the in 2010.

Representatives from Skinnergate, CATH, Wellbank House, Greyfriars House, Rio and support services in the Council's Housing & Community Care teams, have been regular

attendees at meetings.

Perth College, the Drug and Alcohol Team and the community dietician, have also been involved.

The meetings take place in the Gannochy Training Suite, a hidden gem located in King Edward Street, which is run by the Salvation Army.

### The Homeless Voice

The Partnership Group meets 4 times a year and is now ready to plan other activities to allow greater involvement of people who are experiencing homeless or who are living in temporary accommodation. If you would like to get involved please Contact

[info@homelessvoice.x10.mx](mailto:info@homelessvoice.x10.mx)

The newsletter and a new website for Homeless voice are being created but we need your input. What would you like in the news letter ?

Can you contribute a poem on your experience of being homeless?

Perhaps you would

like to wish someone happy birthday.

What events & activities are going on and who to contact.

The website we hopefully will be a wealth of information on homelessness, on what to do, real life

experiences, and how we can we help prevent homelessness. There will also be a forum where you can ask questions or advice on day to day things.

[www.homelessvoice.x10.mx](http://www.homelessvoice.x10.mx)